

The Discipline of Simplicity

➤ When you seek first God's Kingdom, you develop a healthy _____ from worldly things.

➤ **Matthew 6:19-34**

- Three inner attitudes of simplicity:
 - What we have is _____
 - God _____ of what we have
 - What we have is _____

○ Worry is irreverent, irrelevant, and _____

➤ Foster's guidelines for simplicity:

- _____
- _____
- _____
- _____

○ Plain Speak: **Matthew 5:33-37**

○ _____

➤ **1 Peter 1:13-2:3**

➤ A Specific Example: **1 Corinthians 7:29-35**

➤ Our pure devotion to God's Kingdom frees us up to be:

- _____, _____, &

"Tis the gift to be simple,
 'Tis the gift to be free,
 'Tis the gift to come down where you ought to be,
 And when we find ourselves in the place just right,
 'Twill be in the valley of love and delight.
 When true simplicity is gained,
 To bow and to bend we shan't be ashamed.
 To turn, turn will be our delight
 'Till by turning, turning we come round right."

---Shaker Hymn

**Foster, Richard J. (2009-03-17). Celebration of Discipline. Harper Collins, Inc.. Kindle Edition.

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For DEEPER Study, This Week Read:

Sunday: Simplicity as singleness of heart: Matthew 6:19-24

Monday: Simplicity as trust: Matthew 6:25-34

Tuesday: Simplicity as obedience: Genesis 15

Wednesday: The generosity of simplicity: Leviticus 25:8-12

Thursday: Simplicity in speech: Matthew 5:33-37, James 5:12

Friday: Simplicity & justice: Amos 5:11-15, 24, Luke 4:16-21

Saturday: The freedom from covetousness: Luke 12:13-34

Additionally, for those looking to challenge themselves:

- Continue to practice those inner disciplines which you have found helpful for you.
- For simplicity, identify one thing that you have but do not need and find someone to give it to.

Additional Notes: _____

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