

The Celebration of Discipline — Week 1 (October 14, 2018)

1. "Setting one's heart"
 - a. Two Key Questions:

 - b. **2 Chronicles 12:14**
 - c. **Isaiah 57:20**
2. Willpower: *def: the ability to control your own thoughts and behavior.*
 - a. **Matthew 23:25-28**--The epic fail of the Pharisees
 - b. **Colossians 2:20-23**
Worship of the _____, or
_____ Religion (as described by
Colossians 2) is referred to today as

 - c. The equally evil opposite extreme is:

3. The right path is in between: **Colossians 3:1-4**
4. The _____ are exercises or tools meant to open our hearts to God's grace
 - a. **Galatians 6:7-8**
 - b. **James 4:1-10**
5. **1 Timothy 4:1-11**-- _____ to be godly.
Our destination is the abundant life (!) in liberation, consisting of:

6. _____, in your will, to _____.

Much of the inspiration for this message, and indeed the sermon series, is from the great book by fellow Friend and Jesus-follower, Richard J. Foster: *Celebration of Discipline*, 2009, Harper Collins, Inc.